## NATIONAL TOLL FREE NUMBERS

| ORGANIZATION/PURPOSE | TOLL FREE |
| :--- | :---: |
| DRUK GYALPO'S RELIEF KIDU, YDF | 2030 |
| NATIONAL COVID-19 HOTLINE | 2121 |
| HEALTH HELP CENTRE (MEDICAL EMERGENCY) | 112 |
| ELDERLY GARE/MEDICAL REFILL | 6060 |
| DISASTER COMMUNICATION HELPLINE | 999 |
| FIRE | 110 |
| ELECTRICITY | 1250 |
| POLICE | 113 |
| NATIONAL COMMISSION FOR WOMEN AND CHILDREN | 1098 |
| FINANGIAL SERVIGES | 1255 |
| NATIONAL GRIEVANCE REDRESSAL HELP DESK | 1023 |
| DESUUP OFFICE, THIMPHU | 1024 |
| MOLHR KIDU OFFICE, THIMPHU | 1184 |
| MOLHR KIDU OFFICE, THIMPHU | 1185 |
| MOLHR KIDU OFFICE, THIMPHU | 1186 |
| MOLHR KIDU OFFICE, THIMPHU | 1187 |
| MOLHR KIDU OFFICE, THIMPHU | 1188 |



| WANGDUE PHODRANG |  |
| :---: | :---: |
| WANGDUE DZONGKHAG FOR COVID-19 | 1196, 1197 |
| COVID-19 WANGDUE HOSPITAL, MEDICINE REFILL SERVICES | 1172 |
| COVID-19 WANGDUE HOSPITAL, MOTHER AND CHILD SERVICES | 1173 |
| COVID-19 WANGDUE HOSPITAL, GENERAL MEDICAL SERVICES | 1174 |
| PARO |  |
| COVID-19 KIDU PARO | 1060 |
| COVID-19 PARO HOSPITAL | 2000 |
| PARO HOSPITAL, OLATHANG | 1382 |
| HAA |  |
| HAA HOSPITAL COVID-19 | 1008 |
| VISITOR CENTER, DZONGKHAG ADM, HAA | 1007 |
| THIMPHU |  |
| THIMPHU THROMDE | 2550 |
| ESSENTIAL ITEMS ORDER, THIMPHU THROMDE | 1009 |
| ZONING TOLL FREE | 1010 |
| PAY SAP, THIMPHU | 1218 |
| THIMPHU DZONGKHAG COVID-19 | 1383, 1384, 1385, 1386 |

## CENTRAL REGION TOLL FREE NUMBERS

| BUMTHANG |  |
| :---: | :---: |
| BUMTHANG DISASTER MANAGEMENT | 1387 |
| URA, BUMTHANG | 6065 |
| CHOEKHOR, BUMTHANG | 6066 |
| CHUMME, BUMTHANG | 6067 |
| TANG, Bumthang | 6068 |
| PUNUKHA |  |
| EMERGENGY OPERATION GENTER, PUNAKHA COVID-19 | 1233 |
| PUNAKHA HOSPITAL COVID-19 | 1240 |
| GASA |  |
| COVID-19 GASA | 1181 |
| TRONGSA |  |
| COVID-19 TRONGSA | 2068 |

## SOUTHERN REGION TOLL FREE NUMBERS

| PHUENTSHOLING |  |
| :---: | :---: |
| COVID-19 TASK FORCE PHUENTSHOLING | 5555 |
| SAMTSE |  |
| COVID-19 TASK FORCE SAMTSE | 1077 |
| SAMTSE HOSPITAL | 1182 |
| GOMTU HOSPITAL | 1165 |
| COVID-19 TASK FORCE GOMTU | 1189 |
| SARPANG |  |
| HEALTH GENTER, GELEPHU | 1006 |
| CHHUKHA |  |
| CHHUKHA DZONGKHAG COVID-19 RESPONSE | 3333 |
| CHHUKHA DZONGKHAG | 1175 |
| GEDU HOSPITAL | 1176 |
| COVID-19 PHUENTSHOLING | 1216 |
| TSIRANG |  |
| TSIRANG DZONGKHAG/DAMPHU HOSPITAL FOR COVID-19 | 1120, 1121 |
| ZHEMGANG |  |
| COVID-19 ZHEMGANG | 2065 |
| COVID-19 PANBANG | 2066 |
| DAGANA |  |
| COVID-19 DAGANA | 3133 |
| DAGAPELA HOSPITAL | 2067 |
| LHAMOI DZINGKHA DUNGKHAG | 1178 |

## EASTERN REGION TOLL FREE NUMBERS

TRASHIGANG

| TRASHIGANG DZONGKHAG FOR COVID-19 | TRASHIGANG |
| :--- | :---: |
| SAKTENG DUNGKHAG GOVID-19 | 2006,2007 |
| COVID-19, BIDUNG GEWOG | 1048 |
| COVID-19 KANGLUNG | 1049 |
| KANGPARA | 1051 |
| KHALING | 1052 |
| LUMANG | 1053 |
| MERAK | 1054 |
| PHONGMEY | 1055 |
| SAKTENG | 1056 |
| SHONGPHU | 1057 |
| THRIMSHING | 1058 |
| UDZORONG | 1059 |
| BARTSHAM | 1378 |
| RADHI | 1061 |
| SAMKAR | 1062 |
| YANGNEER | 1063 |



## EASTERN REGION TOLL FREE NUMBERS

PEMAGATSHEL

| PEMAGATSHEL DZONGKHAG HEALTH SECTOR COVID-19 | 1241,1242 |
| :--- | :---: |
| NGANGLAM DUNGKHAG | 1195 |
| CHONGSHING | 1071 |
| NORBUGANG | 1072 |
| CHHIMOONG | 1073 |
| KHAR | 1074 |
| NANONG | 1075 |
| CHOEKHORLING | 1076 |
| DECHELING | 1078 |
| SHUMAR | 1079 |
| DUNGMIN | 1080 |
| ZOBEL | 1379 |
| YURUNG | 1381 |


| TRASHIYANGTSE |  |
| :---: | :---: |
| TRASHIYANGTSE COVID-19 | 1247 |
| TRASHIYANGTSE COVID-19 dRUK GYALPO'S RELIEF KIDU HELP DESK | 1248 |
| bumdeling | 1359 |
| Jamkhar | 1360 |
| KHAMDANG | 1361 |
| RAMJAR | 1362 |
| TEOTSHO | 1363 |
| thragom | 1364 |
| TONGMIJANGSA | 1365 |
| YANGTSE | 1366 |

Updated as of $\mathbf{1 7}^{\text {th }}$ August 2020

## EASTERN REGION TOLL FREE NUMBERS

MONGAR

| COVID-19 MONGAR | MONGAR |
| :--- | :--- |
| MRRH, MONGAR HOSPITAL | 1239 |
| JURMEY | 1252 |
| BALAM | 1340 |
| CHALI | 1341 |
| CHASKHAR | 1342 |
| DREPONG | 1343 |
| GONGDUE | 1344 |
| KHENGKHAR | 1380 |
| MONGAR | 1346 |
| NARANG | 1347 |
| NGATSANG | 1348 |
| SALING | 1349 |
| SHERIMUHUNG | 1350 |
| SILAMBI | 1351 |
| THANGRONG | 1352 |
| TSAKALING | 1353 |
| TSAMANG | 1354 |
| DREMTSE | 1355 |

## EASTERN REGION TOLL FREE NUMBERS

DEWATHANG

| EASTERN COVID-19 COORDINATION OFFICE, DEWATHANG | 4141 |
| :--- | :---: |
| SAMDRUP JONGKHAR |  |
| SAMDRUP JONGKHAR DZONGKHAG FOR COVID-19 | $1192,1193,1194$ |
| JOMOTSHANGKHA DUNGKHAG COVID-19 | 1210 |
| COVID-19 BANGTAR | 1191 |
| LANGCHENPHU | 1367 |
| DEWATHANG | 1368 |
| LAURI | 1369 |
| ORONG | 1371 |
| SERTHI | 1374 |
| WANGPHU | 1375 |
| GOMDAR | 1376 |
| MARTSHALA | 1370 |
| PEMATHANG | 1372 |
| SAMRANG | 1373 |
| PHUNTSHOTHANG | 1377 |


| LHUENTSE DZONGKHAG COVID-19 | LHUENTSE |
| :--- | :---: |
| GANGZUR | 1225,1226 |
| ZAREY | 1040 |
| KHOMA | 1041 |
| KURTOE | 1042 |
| MEMBI | 1043 |
| MINJI | 1044 |
| METSHO | 1045 |
| TSHENKAR | 1046 |

